

**Child & Family Development Programs**  
Support and Training Reflections

1. What training experiences or new ideas motivated you most during the past 90 days/6 months?
2. What has happened at work over the past 90 days/6 months that has been the most meaningful?
3. What were the most challenging events at work during the last 90 days/6 months? How did you handle that challenge?
4. What strengths serve you well as you work with parents?
5. What strengths serve you well as you work with staff?